



AZ MAX  
SURGEONS P.L.C.

You're invited to  
the AZ Max Study Club Presentation of

# You're Preparing for Retirement Financially: *Are You Preparing for it Physically?*

Thursday, April 3rd, 2025  
6pm - 8pm

*Superstition Springs Golf Club  
6542 E Baseline Rd, Mesa, AZ 85206*

Dinner provided.

FOR DENTISTS ONLY  
Seating is LIMITED

2 CEUs

Questions? Call Colleen at (480) 662-8951  
or email [cbrosnan@myazmax.com](mailto:cbrosnan@myazmax.com)

**REGISTER**



**HERE**



**PACE**  
ACADEMY of  
GENERAL DENTISTRY  
PROGRAM APPROVAL  
FOR CONTINUING  
EDUCATION

AZ Max Surgeons PLC  
Nationally Approved PACE Program Provider  
for FAGD/MAGD credit. Approval does not  
imply acceptance by any regulatory authority  
or AGD endorsement.  
9/1/2024 to 8/31/2027  
Provider ID #365787

## Join us for a lecture on longevity in your profession and quality of life beyond your career.

Our purpose is to help dentists and their staff love their career and enjoy a well-deserved retirement with a high-quality life. Topics covered in this course include:

**Orthopedic Health:** Posture, Ergonomics, and Self-Management of Injuries

**Sleep:** How to measure and improve the rest needed for your body and your brain.

**Nutrition:** Supplementation and Peptides for maximized health and performance

**Dry Needling (as an Intervention for Pain, Posture, Stress and Sleep):** What is it? How does it work? Am I a candidate?



# FENIX

PHYSICAL THERAPY | MEDICAL | MENTAL HEALTH

### Guest Lecturer

Brad Hall, PT, DPT  
Fenix Physical Therapy

### Bio, Credentials, and Experience

After obtaining a B.S. in Kinesiology from Arizona State University (where he served as the President of LDSSA, ASU's largest service organization), Brad earned a Clinical Doctorate in Physical Therapy from Northern Arizona University. In addition to spending 13 years working with the Arizona Orthopedic Surgical Hospital, Brad has served as ASU faculty in courses including Evidence Based Practice, Functional Anatomy, and Biomechanics. He has also worked with the Fischer Institute in Training/Injury Prevention for High School, Collegiate, and Professional Sports. Brad provides training on Onsite Injury Prevention and Programming for the Gilbert Fire Academy and Queen Creek Fire Academy.

As co-owner of Fenix Medical, Brad specializes in ergonomics, spine care, joint replacements, and vestibular therapy.